

CAREER PROFILE

JOB DESCRIPTION

Certified nursing assistants, also known as State Tested Nurse Aides (STNA), work in long-term care facilities, hospitals, and other facilities delivering direct care to patients. They help patients with activities of daily living. They work under the supervision of a licensed practical nurse (LPN) or registered nurse (RN). Many nursing assistants go on to become LPNs, RNs, Medical Assistants, or other health care workers. They typically do the following:

- Clean and bathe patients
- Help patients use the toilet and dress
- Turn, reposition, and transfer patients between beds and wheelchairs
- Listen to and record patients' health concerns and report that information to nurses
- Measure patients' vital signs, such as blood pressure and temperature
- Serve meals and help patients eat
- Help with physical therapy exercises
- Sanitize patient rooms

PAY

\$38,200 per year (\$18.33 per hour) as of May 2023

JOB OUTLOOK

4% (as fast as average) 2022-2032

MINIMUM REQUIREMENTS IN OHIO

- Up-to-date immunizations
- Pass a background check
- Complete a physical
- Successfully complete an STNA program and pass the state exam
- Be listed in the Ohio nurse aide registry

EDUCATION/TRAINING

In order to become a certified nursing assistant, students must complete a state-approved training course and pass their state's certification exam. The training course can often be completed in a few weeks. It is common for nursing homes to employ an individual and then pay for training at another facility.

Ohio STNA Course Requirements

To be a state-accredited STNA course in Ohio, a program must meet the following educational hour requirements:

- 75 total hours
- 59 classroom hours
- 16 clinical hours

IMPORTANT SKILLS/TRAITS

- **Compassionate and caring**, especially to assist with elderly patients.
- **Communication skills** to listen to patient concerns and relay information to other healthcare professionals
- **Professional**, providing a positive and respectful attitude
- **Patient**, as the routine tasks of cleaning, feeding, and bathing patients may be stressful.
- **Physical Stamina**, to work on their feet and provide physical support to patients such as eating, dressing and using the toilet.
- **Knowledgeable** about topics such as personal care, infection control, safety and emergency procedures, resident/patient rights, data collection and older adult growth
- **Detail-oriented**, working with data and healthcare records to interpret and analyze
- **Team-oriented**, work effectively with patients, residents and other healthcare professionals

TRAINING PROGRAMS

ASHTABULA COUNTY TECHNICAL AND CAREER CENTER

State Tested Nursing Assistant (STNA) Program: Offering an 80 hour course including 16 hours of hands-on clinical training in a partnering nursing facility. The course is State Approved and will prepare students to take the State of Ohio STNA Certification test.

<https://actc.axstudent.com/#/categories>

CLEVELAND JOB CORPS CENTER

Certified Nurse Assistant Training Program: The Job Corps helps qualifying low-income individuals receive free training. Those who qualify will be provided with room and board and other assistance.

cleveland.jobcorps.gov/jobs/certified-nurse-assistant

CUYAHOGA COMMUNITY COLLEGE

State Tested Nursing Assistant Training Program: Offering a 5 1/2-week option and an accelerated (2 1/2-week) training option. Courses are non-credit and are not eligible for financial aid.

www.tri-c.edu/workforce/health-care-training/stna.html

LAKELAND COMMUNITY COLLEGE

State Testing Nursing Assistant Certificate Program: An 8-week program with no prerequisites. Successful completion of this course qualifies students to take the Ohio Department of Health's Training Competency Evaluation Test to become a State Tested Nursing Assistant.

www.lakelandcc.edu/web/about/stna-departments

LORAIN COUNTY COMMUNITY COLLEGE

State Tested Nurse Assisting Program: Typical courses are three-to-five weeks long offered all fall, spring, and summer semesters.

www.lorainccc.edu/health/state-tested-nurse-assisting-stna/

OTHER PROGRAMS

- A Healing Hand STNA School: www.ahhschool.com
- Med-Cert Training Center: mymedcert.com/stna_training/
- Heart to Heart STNA (Hybrid online CNA classes): www.hearttoheartstna.com/
- Solutions Premier Training Services: www.solutionspts.com/state-tested-nursing-assistant-training/
- J Hearts Institute: www.jheartsinstitute.com/