

JOB DESCRIPTION

Certified nursing assistants (CNA), formerly known as State Tested Nurse Aides (STNA) in Ohio, work in long-term care facilities, hospitals, and other facilities delivering direct care to patients. They help patients with activities of daily living. They work under the supervision of a licensed practical nurse (LPN) or registered nurse (RN). Many nursing assistants go on to become LPNs, RNs, Medical Assistants, or other health care workers.

They typically do the following:

- Clean and bathe patients
- Help patients use the toilet and dress
- Turn, reposition, and transfer patients between beds and wheelchairs
- Listen to and record patients' health concerns and report that information to nurses
- Measure patients' vital signs, such as blood pressure and temperature
- Serve meals and help patients eat
- Help with physical therapy exercises
- Sanitize patient rooms

PAY

\$39,430 median annual wage (\$18.96 per hour) as of May 2024

JOB OUTLOOK

4% (as fast as average) 2023-2033

MINIMUM REQUIREMENTS IN OHIO

- Be up-to-date with immunizations
- Pass a background check
- Complete a physical
- Successfully complete a CNA program and pass the state exam
- Be listed in the Ohio nurse aide registry

EDUCATION/TRAINING

To become a certified nursing assistant (CNA), students must complete a state-approved training course and pass their state's certification exam. Training can often be completed in a few weeks. It is common for nursing homes to employ an individual and then pay for training at another facility.

Ohio CNA Course Requirements

To be a state-accredited CNA course in Ohio, a program must meet the following educational hour requirements:

- 75 total hours
- 59 classroom hours
- 16 clinical hours

IMPORTANT SKILLS/TRAITS

- **Compassionate and caring**, especially to assist with elderly patients
- **Communication skills** to listen to patient concerns and relay information to other healthcare professionals
- **Professional**, providing a positive and respectful attitude
- **Patient**, as the routine tasks of cleaning, feeding, and bathing patients may be stressful
- **Physical Stamina**, to work on their feet and provide physical support to patients such as eating, dressing, and using the toilet
- **Knowledgeable** about topics such as personal care, infection control, safety and emergency procedures, resident/patient rights, data collection
- **Detail-oriented**, working with data and healthcare records to interpret and analyze
- **Team-oriented**, work effectively with patients, residents and other healthcare professionals

CERTIFICATE & TRAINING PROGRAMS

As of October 2024, State Tested Nursing Assistant (STNA) is no longer used in the state of Ohio as a job title. Requirements to become a nursing assistant have not changed, only the title. Note some websites have not yet updated their terminology to reflect the name change to CNA.

ASHTABULA COUNTY TECHNICAL AND CAREER CENTER (Jefferson)

State Tested Nursing Assistant (STNA) Program: Offering an 80-hour course including clinical training

<https://actc.axstudent.com/#/categories>

CLEVELAND JOB CORPS CENTER (Cleveland)

Certified Nurse Assistant Training Program: The Job Corps helps qualifying low-income individuals receive free training. Those who qualify will be provided with room and board and other assistance.

cleveland.jobcorps.gov/jobs/certified-nurse-assistant

CUYAHOGA COMMUNITY COLLEGE (Cleveland Metro Campus/Corporate College West in Westlake)

Certified Nursing Assistant Training (CNA) Program: Offering a 5 1/2-week option and an accelerated training option. Courses are non-credit and are not eligible for financial aid.

www.tri-c.edu/workforce/health-care-training/stna.html

LAKELAND COMMUNITY COLLEGE (Kirtland)

State Tested Nursing Assistant Certificate Program: An 8-week program with no prerequisites.

www.lakelandcc.edu/web/about/stna-departments

LORAIN COUNTY COMMUNITY COLLEGE (Elyria)

State Tested Nurse Assisting Program: Typical courses are three-to-five weeks long offered all fall, spring, and summer semesters.

www.lorainccc.edu/health/state-tested-nurse-assisting-stna/

PARTIAL LIST OF OTHER TRAINING OPTIONS:

- A Healing Hand STNA School: www.ahhschool.com
- Cuyahoga Valley Career Center: www.cvccworks.edu/adult-education/adult-education-programs/stna/
- Lorain County JVS: https://acc.loraincountyjvs.com/192990_2
- Med-Cert Training Center: mymedcert.com/stna_training/
- Heart to Heart STNA (Hybrid online CNA classes): www.hearttoheartstna.com/
- Solutions Premier Training Services: <https://solutionspts.com/>
- J Hearts Institute: www.jheartsinstitute.com/